

AMENDMENTS TO THE SPECIFICATION

Change(s) applied

to document,

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/J.E.B./

3/2/2011

Please replace paragraph [0088] with the following amended paragraph:

[0088] Thus, if the member is not at goal weight, goal BMI or goal percentage body fat, then the member has to be enrolled in a weigh-less programme. If the member is a smoker, they would have to be enrolled in a smoke enders programme.